

13.2	Individual Ranking.....	6
14.	Prohibited acts and Penalties	6
14.1	The following are considered prohibited acts:.....	6
14.2	Following Misconducts of contestant or coach	7
15.	Knock Down	7
15.1	Procedure in the event of a Knock Down	7
16.	Procedures of suspending the match.....	8
17.	Technical Officials	8
18.	Sanctions	8
18.1	Potential violations on Conduct of a Contestant;.....	9
18.2	Potential violations on conduct of a coach, team official, or other members	9
18.3	Disciplinary actions:	9
19.	Other matters not specified in Competition Rules	10

1. PURPOSE

The purpose of the Competition Rules is to provide standardized rules for all levels of Championships promoted and/or recognized by the Maldives Taekwondo (hereafter MT); the Competition Rules is intended to ensure that all matters related to competitions are conducted in a fair and orderly manner.

2. COMPETITION AREA

Square-shape

The Competition Area is comprised of a Contest Area and a Safety Area. Surrounding the contest area, approximately equidistant on all sides, shall be the Safety Area. The size of Competition Area (which envelopes the Contest Area and the Safety Area) shall be no larger than 12m x 12m. If the Competition Area is on a platform, the Safety Area can be increased as needed to ensure the safety of contestants.

3. CONTESTANT

- Must be a student of any school in the Maldives (For Schoolers Category)
- Contestants at the age of at least 13+ can be competed in the senior category in the second episode of the championship.

4. CONTESTANT UNIFORM AND COMPETITION EQUIPMENT

- Specifications of dobok is Taekwondo Uniform and be equipped with a mouthguard before entering the Field of Play.
- The contestant shall bring the protective equipment, as well as gloves and the mouthguard, for his/her personal use. The head protector may be equipped with face shield. Any religious item shall be worn beneath the head and inside the dobok or competition uniform and shall not cause harm or obstruct the opposing contestant.

5. RESPONSIBILITIES OF THE ORGANIZING COMMITTEE FOR COMPETITION EQUIPMENT

The Organizing Committee shall be responsible for preparing the following equipment and the related technicians for installation and operation.

- Scoring system
- Mats
- Scoreboards at the court
- Other competition equipment

6. ANTI-DOPING TEST

The Organizing Committee shall be responsible for making all necessary preparations for conducting doping tests if necessary.

7. CATEGORY

Categories are divided into boys and girls separate divisions by weights, and classified into as follows.

Episode 1 Schoolers Below 13 Age

Year of Birth	Age (yrs)
2010-2012	10-12
2013-2014	08-10
2015-2017	05-07

Episode 2 Senior Above 13 Age

Age (yrs)
13-16
16+

8. CLASSIFICATION AND METHODS OF COMPETITION

- Individual competition shall normally be between contestants in the same weight category. When necessary, adjoining weight category may be combined to create a single classification. No contestant is allowed to participate in more than one (1) weight category in one event.
- Single elimination tournament system

9. WEIGH-IN

The general weigh-in of the contestants on the day of competition or shall be organized one day prior to the competition. The time for the general weigh-in will be decided by the Organizing Committee and be informed at the coach meeting.

10. PROCEDURE OF THE CONTEST

10.1 Call for contestants:

The name of the contestants shall be announced at the Athlete Calling Desk three (3) times beginning thirty (30) minutes prior to the scheduled start of the contest. If a contestant fails to report to the Desk following the third call, the contestant shall be disqualified, and this disqualification shall be announced.

10.2 Inspection of body, uniform and apparatus:

After being called, the contestants shall undergo inspection of body, uniform and apparatus at the designated inspection desk by the inspectors designated by the MT, and the contestant shall not show any signs of aversion, and also shall not wear any materials which may cause harm to the other contestant.

10.3 Procedure before the Beginning and After the End of the Contest

- Before the start of the contest, the center referee will call “Chung, Hong.” Both contestants will enter the contest area with their head firmly tucked under their left arms. When any of contestant is not present or present without being fully attired, including all protective equipment, uniform, etc., at the Coach’s Zone by the time the referee calls “Chung, Hong”, he/she shall be regarded as withdrawn from the contest and the referee shall declare the opponent as the winner.
- The contestants shall face each other and make a standing bow at the referee’s command of “Cha-ryeot (attention)” and “Kyeong-rye (bow)”. A standing bow shall be made from the

natural standing posture of “Charyeot” by bending the waist at an angle of more than 30 degrees with the head inclined to an angle of more than 45 degree. After the bow, the contestants shall put on their head guard

- The referee shall start the contest by commanding “Joon-bi (ready)” and “Shi-jak (start)”.
- The contest in each round shall begin with the declaration of “Shi-jak (start)” by the referee.
- The contest in each round shall end with the declaration of “Keu-man (stop)” by the referee. Even if the referee did not declare “Keu-man”, the contest shall be deemed to have ended when the match clock expired, however “Gam-jeom” can be given and registered in score even after expiration of match clock.
- The referee may pause a contest by declaring “Kal-yeo” (break) and resume the contest by the command of “Kye-sok” (continue). When the referee declares “Kal-yeo” the recorder should immediately stop the match time; when the referee declares “Kye-sok” the recorder should immediately restart the match time.
- After the end of the last round, the referee shall declare the winner by raising his/her hand to the winner's side.
- In the best of three (3) system, the referee shall declare the winner of respective round.

11. PERMITTED TECHNIQUES AND AREAS

11.1 Permitted techniques

- Fist technique: A straight punching technique using the knuckle part of a tightly clenched fist
- Foot technique: Delivering techniques using any part of the foot below the ankle bone

11.2 Permitted areas

- Trunk: Attack by fist and foot techniques on the areas covered by the trunk protector are permitted. However, such attacks shall not be made on the part of the spine.
- Head: The area above the collar bone. Only foot techniques are permitted.

12. VALID POINTS

12.1 Scoring Areas

- Trunk: The blue or red colored area of the trunk protector
- Head: The entire head above the bottom line of the head protector

12.2 Criteria for valid point(s):

- Point(s) shall be awarded when a permitted technique is delivered to the scoring areas of the trunk with a proper level of impact.
- Point(s) shall be awarded when a permitted technique is delivered to the scoring areas of the head.
- The determination of the validity of the technique, level of impact, and/or valid contact to the scoring area shall be made by side judges.

12.3 The valid points are as follows.

- One (1) point for a valid punch to the trunk protector
- Two (2) points for a valid kick to the trunk protector

- Four (4) points for a valid turning kick to the trunk protector
- Three (3) points for a valid kick to the head
- Five (5) points for a valid turning kick to the head
- One (1) point awarded for every one “Gam-jeom” given to the opponent contestant
- Match score shall be the sum of points of the three rounds.
- In the best of three (3) system, match score shall be the sum of the number of round won of the three rounds.
- Invalidation of point(s): When a contestant records points following prohibited act(s):
- If prohibited act is followed by point(s), the referee shall declare the penalty for the prohibited act and invalidate the point(s).

13. SCORING AND PUBLICATION

- Scoring of valid point(s) all scoring shall be determined by judges using manual scoring devices.
- Under a two (2) corner judges setting, two judges shall be needed to confirm valid scoring.
- If a referee perceives a contestant to be staggering, a strong impact to the head, kick to the eye(s), bleeding or knocked down by a kick to the head, and so begins counting, but if the attack was not scored, the referees can meet to make the decision for awarding or not awarding points after the count.

13.1 Team Ranking

- Team (school) ranking depend on gold medals count across all categories.
- If 2 teams gold medal amount is equal, we check silver, if equal we check bronze.

13.2 Individual Ranking

- Category 1st place Gold Medal , 2nd place Silver 3rd place Bronze

14. PROHIBITED ACTS AND PENALTIES

- Penalties shall be declared by the referee.
- Prohibited acts which described in article 14 shall be penalized with “Gam-jeom” by referee.
- A “Gam-jeom” shall be counted as one (1) point for the opposing contestant.
- Prohibited acts

The following acts shall be classified as prohibited acts, and “Gam-jeom” shall be declared.

- Crossing the Boundary Line
- Falling down
- Avoiding or delaying the match
- Grabbing or pushing the opponent

14.1 The following are considered prohibited acts:

- Lifting the leg to block
- Kicking the opponent’s leg to impede the opponent’s kicking attack
- Kick was aiming to below the waist
- Lifting the leg above waist for kicking in the air for four (4) times or more
- Lifting a leg or kicking in the air for more than three (3) seconds to impede opponent’s potential attacking movements

- Kicking below the waist
- Attacking the opponent after "Kal-yeo"
- Hitting the opponent's head with the hand
- Butting or attacking with the knee
- Attacking the fallen opponent
- Attacking trunk with the side or bottom of the foot in clinch position
- Attacking back of head in clinch position

14.2 Following Misconducts of contestant or coach

- Not complying with the referee's command or decision
- Inappropriate protesting behavior to officials' decisions
- Inappropriate attempts to disturb or influence the outcome of the match
- Provoking or insulting the opposing contestant or coach
- Unaccredited doctor/physicians or other team officials found to be seated in the doctor's position
- Any other severe misconduct or unsportsmanlike conduct from a contestant or coach

When a coach or contestant commits excessive misconduct and does not follow the referee's command the referee may declare a sanction request by raising a yellow card. In this case the **Competition Supervisory Board** shall investigate the contestant's and/or coach's behavior and determine whether a sanction is appropriate

If a contestant intentionally and repeatedly refuses to comply with the Competition Rules or the referee's orders, the referee may end the match raising yellow card and declare the opposing contestant the winner.

In the best of three (3) system, when a contestant receives five (5) "Gam-jeom" in a round, the opponent will be declared the winner of that round.

15. KNOCK DOWN

A Knock Down shall be declared, when a legitimate attack is delivered and;

- When any part of the body other than the sole of the foot touches the floor due to the force of the opponent's scoring technique
- When a contestant is staggered and shows no intention or ability to continue as a result of the opponent's scoring techniques.
- When the referee judges that the contest cannot continue as the result of being struck by a legitimate scoring technique

15.1 Procedure in the event of a Knock Down

When a contestant is knocked down as the result of the opponent's legitimate attack, the referee shall take the following measures.

- The referee shall keep the attacker away from downed contestant by declaration of "Kal-yeo (break)". The recorder shall stop the match clock following the referee's "Kal-yeo (break)" command.

- The referee shall first check the status of the downed contestant and count aloud from “Hannah (one)” up to “Yeol (ten)” at one second intervals towards the downed contestant, making hand signals indicating the passage of time.
- In case the downed contestant stands up during the referee’s count and desires to continue the fight, the referee shall continue the count up to “Yeo-dul (eight)” for recovery of the contestant. The referee shall then determine if the contestant is recovered and, if so, continue the contest by declaration of “Kye-sok (continue)”.
- When a contestant who has been knocked down cannot demonstrate the will to resume the contest by the count of “Yeo-dul (eight)”, the referee shall announce the other contestant winner by RSC(Referee Stops Contest).
- In case both contestants are knocked down, the referee shall continue counting as long as one of the contestants has not sufficiently recovered.
- In case both contestants are knocked down and both contestants fail to recover by the count of “Yeol”, the winner shall be decided by the match score before the occurrence of Knock Down.
- When it is judged by the referee that a contestant is unable to continue, the referee may decide the winner either without counting or during the counting.

16. PROCEDURES OF SUSPENDING THE MATCH

When a contest is to be stopped due to the injury of one or both contestants, the referee shall take the measures prescribed below. However, in a situation which warrants suspending the contest for reasons other than an injury, the referee shall declare “Kal-yeo (break)” and resume the contest by declaring “Kye-sok (continue)”.

The referee shall suspend the contest by declaration of “Kal-yeo” and order the recorders to suspend the time.

17. TECHNICAL OFFICIALS

Technical Officials may include

- Delegates
- Referees
- Judges
- And other proceeding officials

18. SANCTIONS

- The MT President, Secretary General, or Technical Delegate may request that on-spot Extraordinary Sanctions Committee be convened for deliberation when inappropriate behaviors are committed by a coach, a contestant, official, and/or any member.
- The Extraordinary Sanctions Committee shall deliberate the matter, and may summon person(s) concerned for confirmation of events.
- The Extraordinary Sanctions Committee shall deliberate the matter and determine disciplinary actions to impose. The result of deliberation shall be immediately announced to the public and reported in writing, together with relevant facts and rationale to the MT President and/or Secretary General.

18.1 Potential violations on Conduct of a Contestant;

- i. Refusing the referee's command to complete the ending procedures of the match, including not participating in the declaration of the winner.
- ii. Throwing his/her belongings (head protector, gloves, etc.) as an expression of dissatisfaction with decision.
- iii. Not leaving the competition area after the end of a match
- iv. Not returning to a match after a referee's repeated command
- v. Not complying with the competition official's ruling or command
- vi. Not complying with the Competition Management Officials reasonable instructions related to the orderly management of the event
- vii. Manipulation of scoring equipment, sensors or/and any part of a PSS
- viii. Any serious unsportsmanlike behavior during a match or aggressive misconduct toward competition officials.

18.2 Potential violations on conduct of a coach, team official, or other members

- Complaining about or/and arguing against an official's decision during or after a round.
- Arguing with the referee or other official(s)
- Violent behavior or remark toward officials, opponents or the opposing side, or spectators during a match
- Provoking spectators or spreading false rumor

Instructing athlete(s) to participate in misconduct, such as remaining in the competition area after a match

- i. Violent behaviors such as throwing or kicking personal belonging(s) or competition material(s).
- ii. Not following instructions of competition officials to leave the Field of Play or Venue
- iii. Any other serious misconducts toward competition officials

- iv. Any attempt to bribe competition officials

18.3 Disciplinary actions:

Disciplinary actions issued by the Extraordinary Sanction Committee may vary according to the degree of the violation. The following sanctions may be given:

- a) Disqualification of the athlete
 - b) Warning and order to issue official apology
 - c) Removal of accreditation
 - d) Ban from the competition venue
-
- i) Ban for the day
 - ii) Ban for the duration of the Championships.

Cancellation of result

- i) Cancellation of the match result and all related merits

ii) Cancellation of Ranking points

Suspension of athlete, coach, or/and team officials from all MT activities

i) 6 months Suspension ii) 1 year Suspension iii) 2 years Suspension iv) 3 years Suspension v)

- Ban of Participant from participating in MT Promoted or Recognized Championships ,Specified championships
- All championships for a specified period of time (up to four (4) years)
- Monetary fine of between 100-to-5,000 MVR per violation.
- The Extraordinary Sanctions Committee may recommend to the WT that additional disciplinary actions be taken against the members involved, including but not limited to longer-term suspension, lifetime ban, and/or additional monetary fines.
- Appeal to the disciplinary action(s) taken by Extraordinary Sanctions Committee may be made in accordance with WT Bylaws of Dispute Resolution and Disciplinary Action.

19. OTHER MATTERS NOT SPECIFIED IN COMPETITION RULES

In the case that any matters not specified in the rules occur, they shall be dealt with as follows.

- Matters related to a contest shall be decided through consensus by the refereeing officials of the pertinent contest.
- Matters not related to a specific contest throughout the championships such as technical matters, competition matters, etc. shall be decided by the MT board or Selected Committee.